1) Flash on the AWR1643BOOST-ODS (REV B) EVM the pre-built binaries
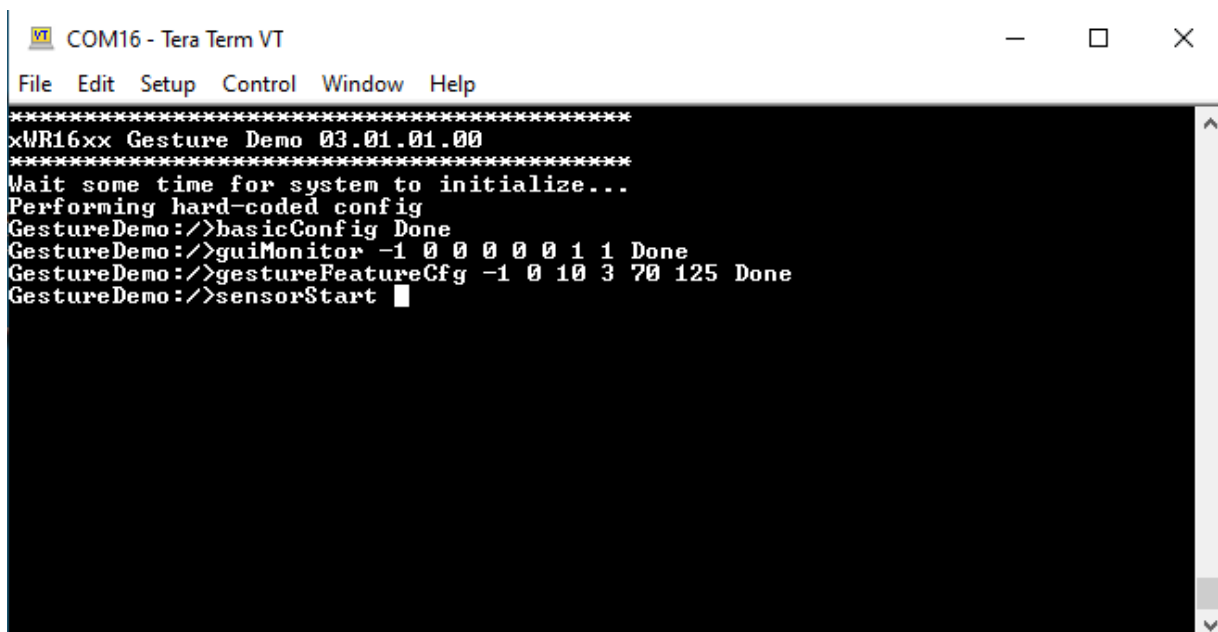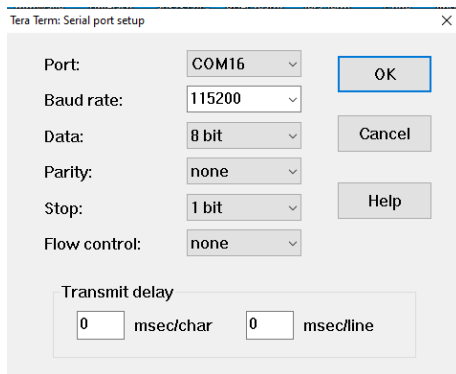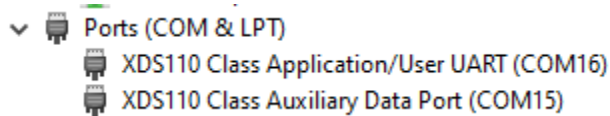
labs\lab0009_multi-gesture-16xx\prebuilt_binaries\xwr16xx_gesture_ti_design_lab.bin

2) Power off EVM, change jumpers to run the demo (position described in demo user guide) and power the evm back up
3) Start a serial terminal such as Tera Term and Setup Serial Port with COM Port for Application/User UART.

Click on the EVM Reset Button (the Button closest to the LED lights)

You should see a screen similar to below

4) Change the Serial Terminal Settings to the COM Port "Auxiliary Data Port" at 921600 baud rate (as described in the demo user guide)
5) As you move your hand in front of the EVM you should see something similar.